



## DR. ALEX M. NAINI

**WHY DID YOU BECOME A COSMETIC DENTIST** I like the fact that dentistry incorporates art with science while creating smiles that improve confidence

**WHAT FASCINATES YOU MOST ABOUT THE HUMAN BODY** After the eyes, the smile is the first thing people look at

**ALTERNATIVE OCCUPATION** Artist or writer

**HOBBIES** Travel and photography

**I'M NEVER WITHOUT** My sense of style

**I WOULD LOVE TO OWN** A memory from every place I dream to visit

## PORCELAIN VENEERS

Through the use of porcelain veneers, Dr. Naini can enhance the visibility of cheekbones and overall facial structure. Not only do veneers come in various shades to resemble natural teeth, they are also stain-resistant, which makes them a **POPULAR REQUEST** among Dr. Naini's patients. "Technology now enables us to lighten patients' teeth 10 to 12 shades **IN JUST ONE HOUR**," says Dr. Naini. "We can custom-create smile makeovers in just two visits, through the use of thin porcelain veneers." Dr. Naini uses various colors and types of porcelain because blended shades, she feels, are more natural. "The goal is to create translucent, breathtaking beauty using materials that are more innovative than ever before." In doing so, Dr. Naini also **PAMPERS PATIENTS** with services like massage therapy and paraffin hand treatments. Set in an elegant, spa-like atmosphere, Dr. Naini's office is the first dental spa in the greater D.C. metropolitan area and one of the first in the country. "We want our patients to be happy, relaxed and comfortable, taking every measure to accommodate them."

INSIDE INFORMATION

# smiles by design

Dr. Alex M. Naini can make patients look younger in just two visits, essentially helping them feel younger, too. "I love being a cosmetic dentist because I enjoy making people look their best and creating natural-looking, beautiful smiles." Enhancing smiles and lives is a way of life for this experienced cosmetic dentist.

The founder of Aesthetic Dental Spa, Dr. Naini enjoys perfecting patients' smiles through innovative, aesthetic procedures and is a member of many national and local cosmetic dentistry organizations. Whether she's repairing teeth or enhancing patients' appearances, the prestigious smile designer achieves individually tailored results by providing patients with customized options and answering their questions prior to treatment. Dr. Naini seeks to provide state-of-the-art dentistry in a spa-inspired atmosphere where patients find themselves blissfully relaxed. She partners with patients to custom-create smile makeovers that exceed their expectations. Having graduated from the esteemed Las Vegas Institute for Advanced Dental Studies, a renowned education center for aesthetic and neuromuscular dentistry, Dr. Naini's extensive schooling makes her apt to best accommodate a variety of patients. Her team, similarly, consists of highly trained and well-qualified professionals.

This artistically gifted dentist has served the D.C. area for over 10 years, treating professional athletes, local personalities and celebrities—from around the country and surrounding areas—who choose Aesthetic Dental Spa as their premier dental office. "Every individual is different, and so are their smiles. I custom design every smile to match my patients' faces and personalities. Cosmetic dentistry can yield extraordinary results, and patients feel much better after undergoing neuromuscular treatments." In an effort to pursue excellence, Dr. Naini uses only the most experienced labs and cutting-edge materials, remaining current on the latest techniques and continuing education.

**DOCTOR OF DENTAL SURGERY**  
University of Maryland Dental School  
Baltimore College of Dental Surgery

**DENTAL RESIDENCY**  
NY Medical College, Metropolitan Hospital

**ADVANCED DENTAL MATERIALS FELLOWSHIP**  
University of Maryland

**AFFILIATIONS**  
Las Vegas Institute for Advanced Dental Studies  
LVI Fellow  
American Academy of Cosmetic Dentistry  
American Dental Association  
International Academy of Comprehensive Aesthetics  
Northern Virginia Dental Society  
Academy of General Dentistry

**PROCEDURES PERFORMED**  
Cosmetic Dentistry  
Porcelain Veneers  
Neuromuscular Dentistry/TMJ  
Invisalign®  
Smile Makeovers/Teeth Whitening  
Dental Implants  
Pure Power Edge

**LOCATION**  
Tysons Corner, Virginia  
703.827.8282

**WEB SITE**  
[www.aestheticdentalspa.net](http://www.aestheticdentalspa.net)

"A movie star smile is possible for everyone with the help of an experienced cosmetic dentist."

—ALEX M. NAINI, DDS